

# Nava

Garganta de la Nava, Barranco de la Nava

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-03-09 20:53:19	<b>Update:</b> 2023-11-05 23:12:32	<b>Print:</b> 2024-12-22 09:12:40
<b>Country:</b> España / Spain <b>Region:</b> Castilla y León <b>Subregion:</b> Ávila <b>Town:</b> Nava del Barco, El Barco de Avila		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a2 II	<b>Total time:</b> 9h20
<b>Approachtime:</b> 3h	<b>Tourtime:</b> 5h	<b>Returntime:</b> 1h20
<b>Altitude entry:</b> 1940m	<b>Altitude exit:</b> 1580m	<b>Delta Altitude:</b> 360m
<b>Canyon length:</b> 2000m	<b>Highest rapell:</b> 25m	<b>Amount rapells:</b> 18
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> North	<b>Best Time:</b>
<b>Rating:</b> ★ 2.9 (2)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b> Dam,		
<b>Gear:</b> Ropes: 2x30m		
<b>Summary:</b> (machine translated) Open rappel canyon in high alpine terrain		
<b>Hydrology:</b> <a href="https://www.saihduero.es/risr/EA085/historico/xATSOFURfVDOWEUR">https://www.saihduero.es/risr/EA085/historico/xATSOFURfVDOWEUR</a>		
<b>Access:</b> (machine translated) From the worth seeing provincial capital Avila on the N 110 in (southwestern) direction Plasencia. After 81 km you reach El Barco de Avila, pass the village, cross the river and continue on the N 110. After about 4 km you turn left and drive through Navatejares (!) to Nava del Barco (about 11 km from the turn-off from the N 110). In Nava del Barco, head for the southwestern exit of the town and continue on the tarred road in a southerly direction (Umbrias). Soon turn left at a stone cross. You come to a fork in the tarred road with a large information board. Pass in front of the information board on the left and then in a curve up the slope concreted in the slope. At the top, continue along the forest road, always in approximately the same direction. Ignore a branch to the left downhill. This way you come to a bridge before a steep incline on a poor slope. Park the car on the right before the bridge (1165 m above sea level).		
<b>Approach:</b> (machine translated) From the car up the slope we arrive in about 20 min. at a green iron gate that closes the way (1325 m a.s.l.). Continue on a hiking trail that leads south into the valley, at the head of which the canyon is waiting for us. In 1 hour from Eisengatter, passing 2 alpine pastures, and after crossing the creek, you reach a large boulder with a cross and a statue of the Virgin Mary (1540 m a.s.l.) - area of the exit. In serpentes it goes about 50 min further uphill until you can cross at 1765 m a.s.l. right into the streambed at recognizable beginning narrowing.		
<b>Tour:</b> (machine translated) 19 Rappel		
<b>Return:</b> (machine translated) A little above the rock with the cross and the statue of the Virgin Mary, go out to the right onto the trail and return the same way you came.		

**Coordinates:**

Canyon Start [40.2302 -5.5740](#)

Canyon End [40.2448 -5.5701](#)

Intermediate Canyon Exit [40.2356 -5.5708](#)

Parking Entry and Exit [40.2818 -5.5524](#)

**Reports:**

---

2023-03-09 | System User | ★ ★ | 📖 | 📍 | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22135>

---

2023-03-09 | System User | ★ ★ | 📖 | 📍 | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/NavaCanyon.html>