

Sammaro

Gola di Sammaro,Torrente Sammaro,Gola del Sammaro,La Grotta

Info: The quality of this description has not been checked yet or was rated bad. If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
Create: 2023-03-09 20:53:35	Update: 2023-11-26 13:26:49	Print: 2024-12-22 10:12:17
Country: Italia / Italy Region: Campania Subregion: Salerno Town: Sacco, Roscigno		
Difficulty: a little difficult	Grading: v4 a3 IV	Total time: 3h55
Approachtime: 35min	Tourtime: 3h	Returntime: 20min
Altitude entry: 440m	Altitude exit: 140m	Delta Altitude: 300m
Canyon length: 1600m	Highest rapell: 15m	Amount rapells: 8
Transport: Car required	Rock type:	drainage area: km ²
Season:	Orientation: Southwest	Best Time:
Rating: ★ 3.9 (2)	Info: ★ 0 ()	Belay: ★ 0 ()
Specialities:		
Gear: Ropes: 2x20m		
Summary: (machine translated) One of the most impressive canyons of central and southern Italy.		
Hydrology:		
Access: (machine translated) We leave the A 3 (Naples - Reggio di Calabria) at the Atena Lucana exit. Then we cross the Vallo di Diano on the N 166 and we come up to S. Rufo (9 km from the A 3). Through the village we go up to the col (930 m a.s.l.) and on the other side we go down. About 10 km after S. Rufo we turn left towards Roscigno. At the beginning of Roscigno we turn left and head southeast towards Sacco. We cross the Torrente Sammaro at about 80 m above the river. At the first houses of Sacco turn right and follow the sign 'Sorgente Sammaro' downhill.At a sharp bend to the left the track from the Sammaro comes up from the right below. Take the second car back in the direction of Roscigno, cross the bridge, pass the cemetery and about 500 m further on turn right onto a tarred road in an easterly direction. At its exit (after about 3 km from the fork) park the second car.		
Approach: (machine translated) From the upper parking lot in a southeasterly direction down to a side stream of the Sammaro, in this and later in the Sammaro itself downstream to the beginning of the gorge. If you have only one car and you are walking from Roscigno, you should take the meadows on the right (in southeastern direction) down to Sammaro as soon as possible. The author has taken a dirt road branching off the road, then had to cross only about 100 m over a tree-covered field (private property) to reach the stream. Thus, one saves a not inconsiderable detour.		
Tour: (machine translated) Narrow and deeply cut great canyon; only from the road bridge several (8) rappel.		
Return: (machine translated) At the exit of the canyons, turn left (AIC marking, blue dot on white rectangle), go under the rocky arch onto the maintained path and later up the slope on the left towards Sacco. At said bend you meet the tarred road.		

Coordinates:

Canyon Start [40.4010 15.3810](#)

Canyon End [40.3886 15.3630](#)

Alternative Canyon Start [40.4053 15.3837](#)

Parking at Entry [40.4055 15.3831](#)

Parking at Exit [40.3836 15.3644](#)

Waypoint [40.4016 15.3762](#)

Waypoint [40.3956 15.3769](#)

Reports:

2024-04-27 | System User |    Normal |  Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sammaro (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21745/observations.html>)

2023-03-09 | System User |       | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21745>

2023-03-09 | System User |      | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SammaroCanyon.html>