

Torrente Soffia

La Soffia, Valle del Mis

Create: 2023-03-09 20:55:22	Update: 2024-05-16 12:38:36	Print: 2024-12-21 05:12:47
Country: Italia / Italy Region: Veneto Subregion: Belluno Town: Sospirolo/Agordo		
Difficulty: a little difficult	Grading: v4 a4 IV	Total time: 7h5
Approachtime: 1h30	Tourtime: 5h30	Returntime: 5min
Altitude entry: 780m	Altitude exit: 410m	Delta Altitude: 370m
Canyon length: 1700m	Highest rapell: 38m	Amount rapells: 17
Transport: on Foot	Rock type:	drainage area: km ²
Season:	Orientation: Southwest	Best Time:
Rating: ★ 4.6 (7)	Info: ★ 2.8 (5)	Belay: ★ 2.9 (6)
Specialities: § Proscription,		
Gear:		
Summary: (machine translated) A unique jewel. Probably the most beautiful canyon in a very wide area. Demanding in terms of sport, appropriate expertise, fitness and equipment required. It offers everything a canyoneer's heart desires. No exit for hours! Altogether much less serious than Val Clusa.		
Hydrology:		
Access: (machine translated) Take the SS203 from Belluno towards Agordo to Sospirolo and then towards "Lago del Mis" Nice overnight accommodation by the lake (car/tent), park after the bridge in the "Cascade della Soffia" area.		
Approach: (machine translated) Steep asphalt road to Gena Alta (driving ban for non-residents). Take the old forest road on the right at the fountain until near the streambed.		
Tour: (machine translated) First narrow canyon (2-3h) with slides, jumps, rappels up to 30m. Then the confluence with the Val Pisson (also very rewarding). A breather on a ledge, then a 35m rappel into a huge cauldron. ("Mini-Trou de Fer"). Further on the rappel becomes more open and a little more playful, but there is still a lot of work to do... Here we completed jumps of up to 18m... Finally, you reach the Schaufällen at the exit before the confluence with the lake. The small half-cave with a stone seating area on the right is great. Depending on the water level of the Lago del Mis, it may be a few meters underwater!		
Return: (machine translated) Out to the right and back to the parking lot		
Coordinates: Canyon Start 46.1976 12.0547 Parking Entry and Exit 46.1861 12.0453 Canyon End 46.1864 12.0476 Intermediate Canyon Exit 46.1903 12.0501		

Reports:

2024-09-07 | Daniele | ★★★★★ | 📖★★★★ | 🚣★★★★ | 🌊 Normal | 🍏 Completed
Anchors good, puddles to check before diving. Exit at the concrete dam to the right. (machine translated)

2024-08-04 | Gareth Evans | 📖 | 🚣 | 🚫 Not done
Hello, I was planning to run this canyon last year, and was told by people at the café near the exit that access to the canyon is forbidden and that rangers patrol and fine people using it. Does anyone know if this is still the case? Also @bina from your description sounds like exit via the lake is prohibited by the land owner? Would be very grateful for any and all information! Thanks

2024-08-01 | Alex Arnold | ★★★★★ | 📖 | 🚣★★★★ | 🌊 Normal | 🍏 Completed
All good (machine translated)

2024-07-28 | Bina | ★★★★★👉 | 📖 | 🚣★★★★ | 🌊 Normal | 🍏 Completed
A great canyon 📖. Please be sure to skip the last 2 rappels after the concreted section and exit on a path to the road, all canyonists following will thank you. (This is a request from a local) (machine translated)

2024-06-21 | Madie Ga | 📖 | 🚣 | 🍏 Completed
Water level check photos

2024-06-19 | Madie Ga | ★★★★★👉 | 📖★★★★ | 🚣★★★★ | 🌊 Normal | 🍏 Completed
Apparently all anchors are good. Walk in 1 hr, canyon 2.45 ish, the lower section is not as nice or continuous

2024-05-16 | Christian Balla | 📖★★★★ | 🚣 | 🌊 Crazy | 🚫 Not done
Currently not accessible after rain (machine translated)

2024-05-12 | Christian Balla | ★★★★★👉 | 📖★★★★ | 🚣★★★★ | 🌊 Normal | 🍏 Completed
Ideal conditions - perfect amount of water, very clear water, weather top and stable. Canyon very well equipped.
<https://www.christian-balla.de/Soffia> (machine translated)

2023-03-09 | System User | ★★★★★ | 📖 | 🚣 |
Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/TorrenteSoffiaCanyon.html>

2022-08-22 | Bubtore | ★★★★★ | 📖★★★★ | 🚣★★★★ | 🌊 Low | 🍏 Completed
The two of us made Forti, Pisson, Sofia in a rush (and fished another group's rucksack out of a pool) because we still had a 5-hour drive afterwards. (machine translated)

Parts:

Soffia (amont), v? a? ?, 0min+0min+0min

Val Pisson, v5 a3 IV, 1h30+3h+2h

Torrente Soffia, v4 a4 IV, 1h30+5h30+5min