# Sa Spendula

Riu Coxinas

## Info: The quality of this description has not been checked yet or was rated bad.

Info: 🖈 0 ()

If you know this canyon, please check this description and file a report with a rating for this description using Reports -> +New Report. Should you notice any error, please let us know or join the community in order to fix this description yourself.

<b>Create:</b> 2023-03-09 20:54:43	<b>Update:</b> 2023-11-23 18:50:20	<b>Print:</b> 2024-12-22 10:12:25
Country: Italia / Italy Region: Sardegna Subregion: provincia del Medio Campidano Town: Villacidro		
Difficulty: not as difficult	Grading: v3 a2 II	Total time: 2h55
Approachtime: 20min	Tourtime: 2h30	Returntime: 5min
Altitude entry: 320m	Altitude exit: 225m	Delta Altitude: 95m
Canyon length: m	Highest rapell: 25m	Amount rapells:
Transport: on Foot	Rock type:	drainage area: km²
Season:	Orientation:	Best Time:
1	1 .	

**Belay:** ★ 0 ()

## Specialities:

**Rating:** 2.1 (1)

Gear:

Ropes: 2x30m

**Summary:** (machine translated)

Sa Spendula is a succession of beautiful waterfalls. Riu Coxinas is the stream that feeds them and as such is not a burner, especially quite overgrown.

#### **Hydrology:**

#### Access: (machine translated)

Leave the four-lane SS 131 from Cagliari to Sássari about 40 km north of Cagliari at Sanluri and go through San Gavino Monreale and on to Villacidro. At the overpass of the SS 196, the wide bypass of Villacidro, turn right onto the SS 196 in the direction of Gùspini. After about 2 km, the northern access road to Villacidro branches off to the left. Follow this access road in the direction of Villacidro and, before reaching the village, turn right at a crossroads with a signpost 'Cascata Sa Spendula'. After a wide bend to the left, there is a large parking lot on the right. Here is the exit. With a second vehicle or on foot from the parking lot on the road we came, turn right and up the hill. At the first houses, after a left-right bend, a road branches off to the right and goes steeply uphill. Go up this road and shortly after turn right again onto a narrow tarred road that leads up through pine forest and past a waterworks. Pass the waterworks on the right and at the end take a gravel road to its exit at a parking lot below the facility with the transmission towers (approx. 30 min. ascent).

## **Approach:** (machine translated)

From the parking lot on the wide marked path in the direction of the west into the valley. After about 5 minutes of walking you can see a dam wall in the background. You could walk to the dam wall and get in there. If you like to get completely scratched in dense brush, you can do that.\n\nBut it is recommended to descend to the right to the canyon shortly after the prominent trail cut between the rocks. This way you can enjoy the interesting final section and avoid the weedy upper stream section to a large extent.

**Tour:** (machine translated)

Up to the final waterfalls stream climbing without significant slope and almost without rappel.

**Return:** (machine translated)

After the last waterfall on the footpath to the car.

## **Coordinates:**

Canyon Start 39.4651 8.7214 Canyon End 39.4679 8.7253

## Reports:

2023-10-27 | System User | |□ |₺ | \exists Dry | ₺ Completed

Automatisch importiert von Descente-Canyon.com für Canyon Coxinas Sec malgré au moins 2 jours de pluie. Vasques pas croupies mais presque! Seule la partie finale est intéressante dans ces conditions. Canyon bien envahi par la végétation. Équipement ok. A faire avec de l'eau! (Quelle: https://www.descentecanyon.com/canyoning/canyon-debit/22430/observations.html)

2023-03-09 | System User | ☆ ☆ | 🎞 | 🗘 | |

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