

# Lerca

Rio Lerca

<b>Créer:</b> 2023-03-09 20:52:16	<b>Mettre à jour:</b> 2023-12-06 06:48:11	<b>Imprimer:</b> 2024-12-22 04:12:35
<b>Pays:</b> Italia / Italy <b>Région:</b> Liguria <b>Sous-région:</b> Genova <b>Ville:</b> Lerca		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v2 a3 II	<b>Temps total:</b> 4h35
<b>Temps approche:</b> 50min	<b>Temps tour:</b> 3h30	<b>Temps de retour:</b> 15min
<b>Altitude d'entrée:</b> 300m	<b>Altitude de sortie:</b> 140m	<b>Altitude du delta:</b> 160m
<b>Longueur du canyon:</b> 1650m	<b>Rapelle le plus haut:</b> 12m	<b>Nombre de rappelles:</b> 9
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud-Est	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.7 (3)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 3 (1)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 1x30m		
<b>Résumé:</b> (traduction alternative) River with partly open streambed, but also narrow sections, with possible jumps and rappels		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) A-10 from Voltri (Genoa), exit Arenzano; on the SS-1 west towards Cogoleto, Varazze. The road reaches the sea after about 500 meters and turns right over a bridge (Rio Leone). Immediately after the bridge turn right, the road passes through an industrial area. Not quite 1&#189; km after leaving the SS-1 we follow the road that branches off to the right for Case Soprane. At the end of the hamlet at a fountain with water tap we park the car.  For an alternative exit from the orographic right side we leave the branching road to Case Soprane on the right and drive up to Lerca. At the beginning of the village, turn sharp right and go straight up to the campsite. Below this we go along the right, passing a chapel and a ruin (on the left). At a water cistern on the right you can park the car on the left (from Lerca about 1 km).		
<b>Approche:</b> (traduction alternative) From the fountain, a track leads up to the right, which after a few switchbacks then leads half-high along the orographic left bank of the Lerca. After about &#189; hour you come to a junction where you take the mule track leading to the left. At the exit of a pine forest in a bend to the left, where a usually dry stream crosses the path, we continue for a few meters. We enter a grove; here a blue dot with a white background on a tree to the left marks the spot where the trail descends steeply into the streambed of the Lerca (about 50 min. in total).  The alternative access is via a trail branching off to the right from the parking lot, which climbs steeply at first and later becomes gradually flatter. The path, which initially runs high above the Rio Lerca, gets closer and closer to the riverbed after some time, and soon you can descend a few meters at a side stream into the streambed of the Lerca (about 60 min. in total).  The alternative access is scenic, but forces a sweaty ascent at the exit of the canyon (20 min.).		
<b>Tour:</b> (traduction alternative) Starts immediately with a jump (6m), then runs, smaller rappels, always possible jumps.		
<b>Retour:</b> (traduction alternative) About 10 minutes after the last rappel point you pass a small dam and after another 10 minutes some pools, where in summer there is a lot of swimming, a path crosses the streambed. Here you either go up to the left via the hamlet of Valconara to the parking lot in Case Soprane or - alternative access - up to the right to the car.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">44.4191 8.6309</a> Fin du Canyon <a href="#">44.4115 8.6393</a> Parking à l'entrée et à la sortie <a href="#">44.4111 8.6439</a> Fin alternative du canyon <a href="#">44.4094 8.6379</a>		

## Rapports:

2024-09-28 | System User | |📖|📍|🌊 Haut |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca Fait 2 jours après une grosse pluie. On a du chercher un peu les points pour éviter certains obstacles, sinon RAS sur l'équipement. Très beau canyon en eau! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-07-04 | Miroslav |★★★★|📖★★|📍★★★|🌊 Normale |👍 Terminé

Stands in perfect condition. We haven't found exit as mentioned in the info. We quit canyon at this location 44.4094081N, 8.6379326E (photo added).

2024-06-16 | System User | |📖|📍|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-06-02 | System User | |📖|📍|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca Portata "sportiva" e discesa molto divertente (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-05-31 | System User | |📖|📍|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca Très beau parcours.Esthétique et varié. Le débit est correct +.Le passage de la goulotte mériterait une rallonge pour la déviation, notamment pour les petits gabarits. Si on équipements (deux broches) en hauteur RG pour éviter l'actif ou S7 sous les ancrages RG. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-05-18 | System User | |📖|📍|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-05-05 | System User | |📖|📍|🌊 Haut |🚫 Pas fait

Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-04-25 | System User | |📖|📍|🌊 Faible |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca On a loupé le chemin pour descendre dans le canyon. On est parti 50m en amont du captage(bâtiment en bout du chemin). On a fait la descente en blocs jusqu'à la première cascade. Balade en blocs magnifique. On a eu de la grêle et de la pluie. Bonne ambiance. Attention à la roche glissante. Très beau canyon ludique avec des sauts et quelques petits toboggans. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-04-20 | System User | |📖|📍|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2024-04-11 | System User | |📖|📍|🌊 Fou |🚫 Pas fait

Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html>)

2023-03-09 | System User |★★★★|📖|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/2648>

2023-03-09 | System User |★★★★|📖|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/LercaCanyon.html>