

# Cerise

Clue de la Cerise, Estéron

<b>Créer:</b> 2023-03-09 20:50:21	<b>Mettre à jour:</b> 2023-10-14 09:16:09	<b>Imprimer:</b> 2024-12-22 03:12:08
<b>Pays:</b> France <b>Région:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Sous-région:</b> Alpes-Maritimes <b>Ville:</b> Gilette		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v1 a4 II	<b>Temps total:</b> 2h45
<b>Temps approche:</b> 30min	<b>Temps tour:</b> 45min	<b>Temps de retour:</b> 1h30
<b>Altitude d'entrée:</b> 200m	<b>Altitude de sortie:</b> 180m	<b>Altitude du delta:</b> 20m
<b>Longueur du canyon:</b> 800m	<b>Rapelle le plus haut:</b> 0m	<b>Nombre de rapelles:</b>
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> 400.00km <sup>2</sup>
<b>Saison:</b> juillet - septembre	<b>Orientation:</b> Sud-Est	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.1 (2)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 0 ( )
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 1x 30m(Abklettern)		
<b>Résumé:</b> (traduction alternative) River hiking and swim, 4th canyoning section in the Estéron.		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Nice on the N 202 in northern direction 24 km to the Pont (bridge) Charles Albert. Here you can not immediately turn left onto the D 17, but must continue for about 100 m, round a traffic circle, back towards Nice, and then turn right onto the bridge over the Var. Now we go up on the D 17 for about 8 km in the direction of Roquesteron. We reach Gilette, which towers like an eagle's nest over Var and Esteron. We continue on the D 17 for another 4.5 km and then see a dirt road branch off to the left. Here we park our car at the edge of the tarred road.		
<b>Approche:</b> (traduction alternative) We walk down the slope, take the respective trails to shortcut and come down to stone bridge (Pont de la Cerise) over the Esteron (200 m a.s.l.). The entry on the orographic left side is a bit more pleasant.		
<b>Tour:</b> (traduction alternative) Great canyon with a natural arch and strong rock faults at the exit. Can be dangerous with exceptionally strong water flow. Otherwise suitable for a family outing (water temperature in summer 17-23°C).  Rope is needed for rope traverses.		
<b>Retour:</b> (traduction alternative) If the water flow allows it, it is best to turn back after the canyon exit and cross the canyon against the current (1 hour to the bridge). If this does not seem possible because of a strong water flow, continue in the river bed, around the next left bend of the river and then look for the beginning of a trail on the orographic. On the orographic right side of the river, look for the beginning of a path that leads back over the orographic right ridge (markers 103 - 102 - 101) to the Pont de la Cerise (1.5 hours to this point). From here, take the approach path back up to the parking lot.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">43.8541 7.1257</a> Parking à l'entrée et à la sortie <a href="#">43.8563 7.1366</a> Fin du Canyon <a href="#">43.8483 7.1289</a>		

## Rapports:

2024-07-18 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise On n' a pas trouvé le bord ' exit canyoning '. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2024-07-02 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2024-04-09 | System User | |📖|📍|🌊 Fou | 🛑 Pas fait

Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2023-04-19 | Daniel Sturm | |📖|★|★|📍|📍|🛑 Pas fait

Coordinates and description edited. (traduction alternative)

2023-03-09 | System User | ★|★|📖|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/2155>

2023-03-09 | System User | ★|★|★|📖|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/CeriseCanyon.html>