

Sammaro

Gola di Sammaro, Torrente Sammaro, Gola del Sammaro, La Grotta

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise. Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
Créer: 2023-03-09 20:53:35	Mettre à jour: 2023-11-26 13:26:49	Imprimer: 2025-03-13 09:03:39
Pays: Italia / Italy Région: Campania Sous-région: Salerno Ville: Sacco, Roscigno		
Difficulté: un peu difficile	Niveau: v4 a3 IV	Temps total: 3h55
Temps approche: 35min	Temps tour: 3h	Temps de retour: 20min
Altitude d'entrée: 440m	Altitude de sortie: 140m	Altitude du delta: 300m
Longueur du canyon: 1600m	Rapelle le plus haut: 15m	Nombre de rappelles: 8
Transport: Voiture obligatoire	Type de roche:	Zone de prise d'eau: km ²
Saison:	Orientation: Sud-Ovest	Meilleur moment:
Évaluation: ★ 3.9 (2)	Info: ★ 0 ()	Belay: ★ 0 ()
Spécialités:		
Matériel: Cordes: 2x20m		
Résumé: (traduction alternative) One of the most impressive canyons of central and southern Italy.		
Hydrologie:		
Accès: (traduction alternative) We leave the A 3 (Naples - Reggio di Calabria) at the Atena Lucana exit. Then we cross the Vallo di Diano on the N 166 and we come up to S. Rufo (9 km from the A 3). Through the village we go up to the col (930 m a.s.l.) and on the other side we go down. About 10 km after S. Rufo we turn left towards Roscigno. At the beginning of Roscigno we turn left and head southeast towards Sacco. We cross the Torrente Sammaro at about 80 m above the river. At the first houses of Sacco turn right and follow the sign 'Sorgente Sammaro' downhill. At a sharp bend to the left the track from the Sammaro comes up from the right below. Take the second car back in the direction of Roscigno, cross the bridge, pass the cemetery and about 500 m further on turn right onto a tarred road in an easterly direction. At its exit (after about 3 km from the fork) park the second car.		
Approche: (traduction alternative) From the upper parking lot in a southeasterly direction down to a side stream of the Sammaro, in this and later in the Sammaro itself downstream to the beginning of the gorge. If you have only one car and you are walking from Roscigno, you should take the meadows on the right (in southeastern direction) down to Sammaro as soon as possible. The author has taken a dirt road branching off the road, then had to cross only about 100 m over a tree-covered field (private property) to reach the stream. Thus, one saves a not inconsiderable detour.		
Tour: (traduction alternative) Narrow and deeply cut great canyon; only from the road bridge several (8) rappel.		
Retour: (traduction alternative) At the exit of the canyons, turn left (AIC marking, blue dot on white rectangle), go under the rocky arch onto the maintained path and later up the slope on the left towards Sacco. At said bend you meet the tarred road.		

Coordonnées:

Départ du Canyon [40.4010 15.3810](#)

Fin du Canyon [40.3886 15.3630](#)

Départ alternatif du Canyon [40.4053 15.3837](#)

Parking à l'entrée [40.4055 15.3831](#)

Parking à la sortie [40.3836 15.3644](#)

Point de repère [40.4016 15.3762](#)

Point de repère [40.3956 15.3769](#)

Rapports:

2024-04-27 | System User |    Normale |  Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sammaro (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21745/observations.html>)

2023-03-09 | System User |       | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21745>

2023-03-09 | System User |      | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SammaroCanyon.html>