

# Ponale

Torrente Ponale

<b>Créer:</b> 2023-03-09 20:53:34	<b>Mettre à jour:</b> 2023-10-14 09:16:19	<b>Imprimer:</b> 2024-12-22 06:12:20
<b>Pays:</b> Italia / Italy <b>Région:</b> Trentino-Alto Adige <b>Sous-région:</b> Trento / Provincia autonoma di Trento <b>Ville:</b> Riva del Garda		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 III	<b>Temps total:</b> 4h
<b>Temps approche:</b> 30min	<b>Temps tour:</b> 2h30	<b>Temps de retour:</b> 1h
<b>Altitude d'entrée:</b> 240m	<b>Altitude de sortie:</b> 65m	<b>Altitude du delta:</b> 175m
<b>Longueur du canyon:</b> 500m	<b>Rapelle le plus haut:</b> 25m	<b>Nombre de rapelles:</b> 9
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> 128.00km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Est	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.7 (3)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 2 (1)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x30m		
<b>Résumé:</b> (traduction alternative) Rappel canyon in attractive ambience		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Riva del Garda on the SS 240 in the direction of Lake Ledro. About 350 m after the exit of the long tunnel section, turn left over the bridge (below the T. Ponale) in the direction of Pregasina. About 300 m after the bridge and about 100 m before the tunnel there is a large parking bay on the left of the road. Park your car here.		
<b>Approche:</b> (traduction alternative) 50 m further on, in the direction of the tunnel, a dirt road branches off to the left, which we follow downhill high above the Ponale. We come to a paved road that now descends more steeply until we come to a narrow tarred road that is now mainly used as a bike path. Keeping to the left on the little road, we come to a bridge high above the Ponale. It is possible to rappel directly from the bridge into the streambed (about 55 m) or (easier) with the help of a rope to cross the iron gate at the northern end of the bridge and to reach the bottom of the streambed on the path that follows (a few meters before an old water drainage down into the streambed).		
<b>Tour:</b> (traduction alternative) Besides rappels, there are also slides and jumps. The final passage with the swim out into the lake under a huge rock bridge is overwhelming. Since slightly above the access a sewage plant discharges the hopefully well cleaned sewage, the underground is usually slippery and you should choose a time after heavy precipitation for the ascent.		
<b>Retour:</b> (traduction alternative) After the last waterfall, keeping left through the rock gate and swimming out into the lake, after about 30 meters you reach a small brick platform. Over this we come across the remains of a path, which first over the rock arch meets a partially still paved path, which leads us up to the tarred road and then further, the access path now back up to the car.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">45.8624 10.8275</a> Fin du Canyon <a href="#">45.8612 10.8327</a> Parking à l'entrée et à la sortie <a href="#">45.8638 10.8195</a>		

## Rapports:

2024-08-06 | System User | |📖|📌|🌊 Haut |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Ponale Fait avec Pierre, Hervé et Tim. Passer dans l'actif remue bien. Beau cadre et beau final sur le lac. Remontée au pont pour sauter en sortant sur la gauche. Marche retour sympa. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22111/observations.html>)

2024-06-15 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Ponale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22111/observations.html>)

2023-09-16 | Susanne | ⭐⭐⭐⭐⭐ |📖⭐⭐|📌⭐⭐|🌊 Normale |👍 Terminé

Abseiling from the bridge is recommended rope protection because of bridge edge. Mainly old chain stalls but in order. Gaps partly graveled. Scenic tour. Water clean. (traduction alternative)

2023-03-09 | System User | ⭐⭐👉 |📖|📌||

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22111>

2023-03-09 | System User | ⭐⭐⭐ |📖|📌||

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/PonaleCanyon.html>