

# Bief a la Dame

Gorges du Bief à la Dame

## Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.

Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport*. Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

**Créer:** 2023-03-09 20:51:52    **Mettre à jour:** 2024-01-04 16:15:13    **Imprimer:** 2024-12-22 08:12:16

**Pays:** France    **Région:** Auvergne-Rhône-Alpes    **Sous-région:** Ain    **Ville:** Le Poizat

<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a3 II	<b>Temps total:</b> 1h45
<b>Temps approche:</b> 10min	<b>Temps tour:</b> 1h30	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 725m	<b>Altitude de sortie:</b> 610m	<b>Altitude du delta:</b> 115m
<b>Longueur du canyon:</b> 1100m	<b>Rapelle le plus haut:</b> 22m	<b>Nombre de rapelles:</b> 9
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Nord	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 1.4 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

## Spécialités:

## Matériel:

Cordes: 2x25m

## Résumé:

(traduction alternative)

Forest canyon for rappeling

## Hydrologie:

### Accès:

(traduction alternative)

In Geneva we get (after the border) on the highway A 40 (Autoroute Blanche) in the direction of Lyon. On this we drive about 46 km. After passing through the 3rd tunnel, we pass the elongated Lac Sylans, which lies on the left below (south of) the A 40. At the exit immediately at the western end of the lake (direction Nantua) we leave the A 40. We come to the D 1084 (the former N 84) and drive on it in the opposite direction again along Lac Sylans for about 5 km. Then we turn right on the D 55 B. On this road we go uphill in the forest for a little more than 500 m in southern direction. The road then crosses "our" stream in a hairpin bend. Before the bridge on the right there is plenty of space for our lower car.\nWith the second car we continue uphill in the forest. After about 2.5 km we come to a road junction and turn right here onto the D 55. About 250 m after the junction we pass through the village of Lalleyriat and over open ground we go up to the next village of Poizat. We pass through this village as well and arrive at the somewhat isolated hamlet of Le Replat. Here we turn right from the previous road onto Rue Champ Conty and head NNO down the tarred road. We keep to the right at the junction. We come to the exit of the tarred road and park our upper vehicle here.

### Approche:

(traduction alternative)

From the exit of the tarred road (where it branches), a dirt road leads down the middle in a northeasterly direction.\nThe forest road takes a turn to the right and we see below us the streambed descending from the south. We descend into the streambed and are immediately above the 20 m rappel.

### Tour:

(traduction alternative)

The streambed is extremely slippery, several walking passages, repeated dead wood in the chute, worth it only when there is water flow.

### Retour:

(traduction alternative)

Before reaching the parking lot with the lower car left out onto a slope that leads to the parking lot.

## Coordonnées:

Départ du Canyon [46.1470 5.6900](#)

Fin du Canyon [46.1595 5.6928](#)

Parking à l'entrée [46.1483 5.6870](#)

Parking à la sortie [46.1602 5.6929](#)

**Rapports:**

2023-03-09 | System User | ★ | 🗃 | ⚓ | |

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