

Sa Spendula

Riu Coxinas

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.

Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport*. Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

Créer: 2023-03-09 20:54:43	Mettre à jour: 2023-11-23 18:50:20	Imprimer: 2024-12-22 08:12:29
Pays: Italia / Italy Région: Sardegna Sous-région: provincia del Medio Campidano Ville: Villacidro		
Difficulté: moins difficile	Niveau: v3 a2 II	Temps total: 2h55
Temps approche: 20min	Temps tour: 2h30	Temps de retour: 5min
Altitude d'entrée: 320m	Altitude de sortie: 225m	Altitude du delta: 95m
Longueur du canyon: m	Rapelle le plus haut: 25m	Nombre de rapelles:
Transport: à pied	Type de roche:	Zone de prise d'eau: km ²
Saison:	Orientation:	Meilleur moment:
Évaluation: ★ 2.1 (1)	Info: ★ 0 ()	Belay: ★ 0 ()

Spécialités:

Matériel:

Cordes: 2x30m

Résumé: (traduction alternative)

Sa Spendula is a succession of beautiful waterfalls. Riu Coxinas is the stream that feeds them and as such is not a burner, especially quite overgrown.

Hydrologie:

Accès: (traduction alternative)

Leave the four-lane SS 131 from Cagliari to Sássari about 40 km north of Cagliari at Sanluri and go through San Gavino Monreale and on to Villacidro. At the overpass of the SS 196, the wide bypass of Villacidro, turn right onto the SS 196 in the direction of Gùspini. After about 2 km, the northern access road to Villacidro branches off to the left. Follow this access road in the direction of Villacidro and, before reaching the village, turn right at a crossroads with a signpost 'Cascata Sa Spendula'. After a wide bend to the left, there is a large parking lot on the right. Here is the exit. With a second vehicle or on foot from the parking lot on the road we came, turn right and up the hill. At the first houses, after a left-right bend, a road branches off to the right and goes steeply uphill. Go up this road and shortly after turn right again onto a narrow tarred road that leads up through pine forest and past a waterworks. Pass the waterworks on the right and at the end take a gravel road to its exit at a parking lot below the facility with the transmission towers (approx. 30 min. ascent).

Approche: (traduction alternative)

From the parking lot on the wide marked path in the direction of the west into the valley. After about 5 minutes of walking you can see a dam wall in the background. You could walk to the dam wall and get in there. If you like to get completely scratched in dense brush, you can do that.\n\nBut it is recommended to descend to the right to the canyon shortly after the prominent trail cut between the rocks. This way you can enjoy the interesting final section and avoid the weedy upper stream section to a large extent.

Tour: (traduction alternative)

Up to the final waterfalls stream climbing without significant slope and almost without rappel.

Retour: (traduction alternative)

After the last waterfall on the footpath to the car.

Coordonnées:

Départ du Canyon [39.4651 8.7214](#)

Fin du Canyon [39.4679 8.7253](#)

Rapports:

2023-10-27 | System User | | | Sèche | Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Coxinas Sec malgré au moins 2 jours de pluie.
Vasques pas croupies mais presque ! Seule la partie finale est intéressante dans ces conditions. Canyon bien envahi par la végétation. Équipement ok. A faire avec de l'eau ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22430/observations.html>)

2023-03-09 | System User | | | ||

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SaSpendulaCanyon.html>