

# Saufla (aval)

Saufla aval, Le Roc Coupé, Saufla

<b>Creare:</b> 2023-03-09 20:54:16	<b>Aggiornamento:</b> 2023-12-19 13:29:24	<b>Stampa:</b> 2024-12-28 10:12:23
<b>Paese:</b> Schweiz / Switzerland <b>Regione:</b> Kanton Wallis / Canton du Valais <b>Sottoregione:</b> Bezirk Monthey <b>Città:</b> Champéry		
<b>Difficoltà:</b> difficile	<b>Grado:</b> v5 a5 V	<b>Tempo totale:</b> 4h10
<b>Tempo avvicinamento:</b> 1h	<b>Tempo giaro:</b> 3h	<b>Tempo ritorno:</b> 10min
<b>Altitudine di entrata:</b> 1350m	<b>Altitudine di uscita:</b> 1150m	<b>Altitudine delta:</b> 200m
<b>Lunghezza del canyon:</b> 780m	<b>Rapel più alto:</b> 25m	<b>Quantità rapelli:</b> 15
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> 17.00km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b>	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 4.5 (1)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 2 (1)
<b>Specialità:</b> Ghiacciaio nel bacino idrografico, Diga, Afflusso,		
<b>Attrezzatura:</b> Corde: 2x 30m		
<b>Sintesi:</b> (traduzione alternativa) Saufla aval has 2 parts:c) Le Roc Coupé: Deep and narrow dark gorge d) A relatively open part at the end of the gorge.		
<b>Idrologia:</b> Besondere Sorgfalt beim Begehen von Saufla geboten. Wasserstand gut überprüfen für sup und inf. Viele enge Passagen. Inf. hat unter anderem viel Wasserzufuhr von den Seiten und sup, 2 Wasserstauwerke wo man das Wasser pumpt. Diese sind manchmal defekt und können überlaufen. Beim Einstieg in den sup. überprüfen das die Becken leer sind.		
<b>Accesso:</b> (traduzione alternativa) We leave the Autoroute du Rhône between Martigny and Lake Geneva via the Saint-Triphon exit. Via Monthey we go up the valley of the Vièze to Champéry. Continue towards the cable car and Camping du Grand Paradis. After the second stream crossing (this is already the Saufla) we turn left and go directly along the stream (Route de Barme). 650m further on, we turn left onto a forest road. From here another 550m, then we park our car in the hikers' parking lot before the bridge over the Saufla.		
<b>Avvicinamento:</b> (traduzione alternativa) We take the path that leads south along the orographic left bank of the Saufla (Roc Coupé, Cascade de la Saufla). First relatively flat along, it then goes away from the stream and up in switchbacks. We arrive at an alp. at 1440m. Here we leave the path and continue in a southerly direction across the meadows towards the coppice. Before this we turn right and go straight down to the entry. \n \n If we were to continue up the path from the alpine pasture, we would come directly to the entry to the lower part of the Saufla Amont (b) - cf. description Saufla Amont.		
<b>Giro:</b> (traduzione alternativa) In part c) mostly rappelling in the beam, no emergency exits, in part d) exits (at the beginning)		
<b>Ritorno:</b> (traduzione alternativa) After the last waterfall (20m) turn right out onto the trail or down the creek and get off at the footbridge.		
<b>Coordinate:</b> Inizio del canyon <a href="#">46.1470 6.8757</a> Fine del canyon <a href="#">46.1534 6.8722</a> Parcheggio Entrata e uscita <a href="#">46.1564 6.8709</a>		

**Rapporti:**

2024-11-17 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saufla Aval On a remis un point. DC+ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22775/observations.html>)

2024-11-17 | System User | |📖|📌|🌊 Alto | 👍 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saufla Aval La merveille Saufla 3.7 en gros débit moins ou DC Plus. On a rajouté un point le reste est ok. Très peu de glace. Pas de crampons nécessaire ni pour l'approche ni pour le canyon. Golden Team Z :) Élie Geoffroy ZAC Thierry (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22775/observations.html>)

2024-11-01 | System User | |📖|📌|🌊 Folle | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Saufla Aval J'ai ajouté des photos pour donner une idée (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22775/observations.html>)

2024-11-01 | System User | |📖|📌|🌊 Folle | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Saufla Aval Trop d'eau ? Difficile à dire mais la cascade finale avait deux jets d'eau donc on pense qu'il y avait gros débit. On n'a préféré sagement renoncer, on avait pas le temps et pas assez préparés. On reviendra promis Merci la Team (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22775/observations.html>)

2023-03-09 | System User | |📖|📌| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SauflaavalCanyon.html>

2021-10-31 | Bubtore | ⭐⭐⭐⭐⭐ |📖⭐⭐|📌⭐⭐|🌊 Alto | 👍 Completato

Brutally beautiful, quite cool to jump over the water jet right at the beginning. The narrow sections should not be underestimated. (traduzione alternativa)

**Parti:**

Saufla (amont), v4 a2 V, 1h45+3h+1h

Saufla (aval), v5 a5 V, 1h+3h+10min